



DO YOU LIKE

CONCERTS

GIGS & GOING OUT?

**Living
It Up**

Gig Buddies is a scheme to support people with learning disabilities to get out to more gigs and events. We are volunteers who like to meet new people with similar interest like going to pubs, music events and concerts. If this sounds like you, contact us!

Membership fee is just £10 per year.

GIGBUDDIESBEDFORD@GMAIL.COM / 07951 368683

All volunteers will have full criminal records check and receive full training and support.

www.gigbuddies.org.uk